

Week 4 // Day 7

Rhythm // Saturday

Theme // Love

Scripture // Matthew 2:13-18

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

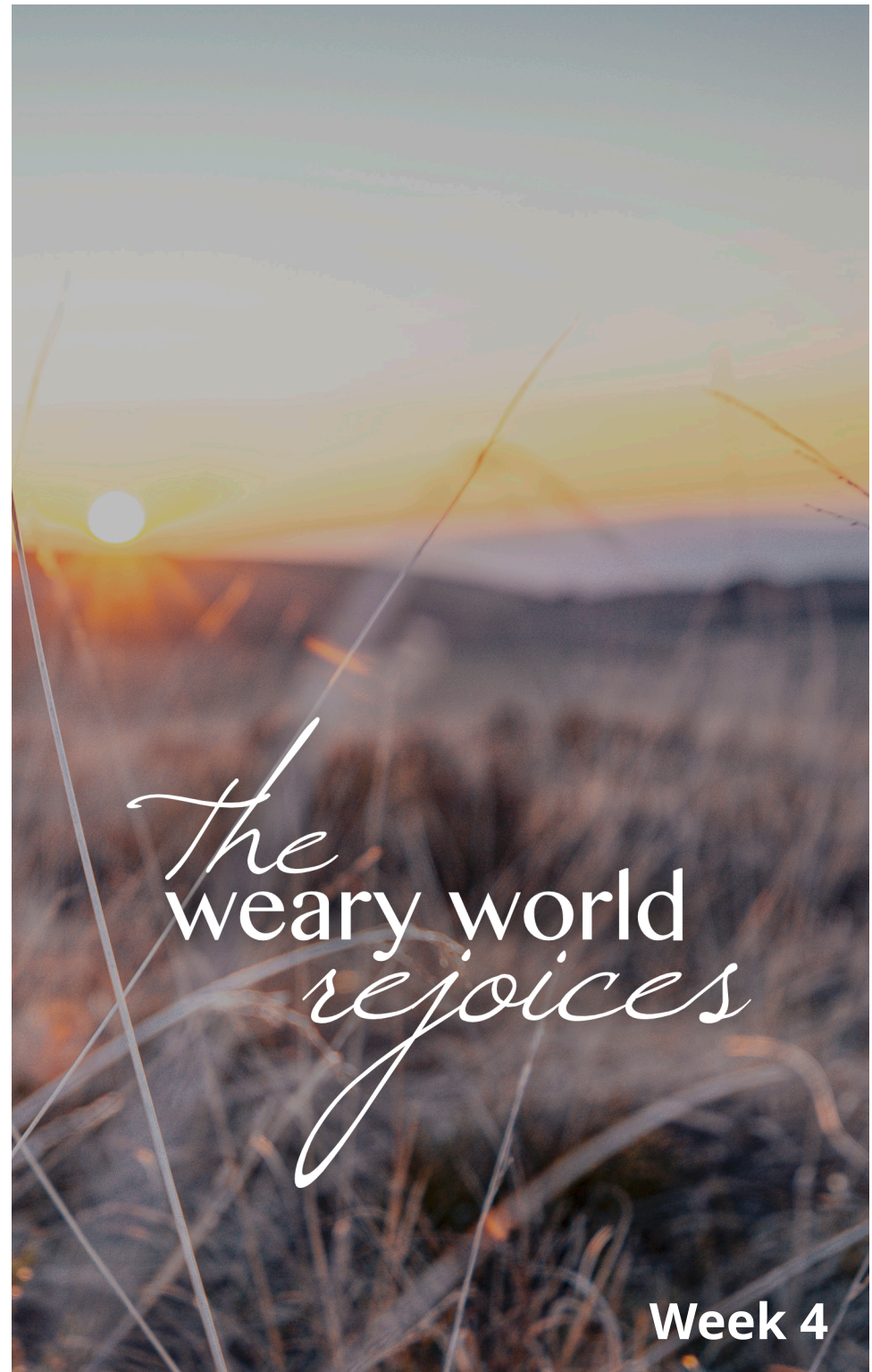
Candles // none

Spiritual Discipline // Fasting: Self-Denial

Activity // Serve

#advent #thewearyworldrejoices #waiting

Playlist // *Evergreen* by Audrey Assad



Week 4 // Day 1

Rhythm // Fourth Sunday of Advent

Theme // Love

Scripture // John 3:1-21

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Light today's candles and participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // 4 Purple, Red, or Blue Candles

Spiritual Discipline // Fasting: Darkness

Activity // Flame

#advent #thewearyworldrejoices #love

Playlist // *Emmanuel - Hallowed Manger Ground* by Chris Tomlin

Week 4 // Day 6

Rhythm // Friday

Theme // Love

Scripture // Jeremiah 23:5-6

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Pause

Activity // Sabbath

#advent #thewearyworldrejoices #sabbath

Playlist // *His Company* by Daniel Renstrom

Week 4 // Day 5

Rhythm // Thursday

Theme // Love

Scripture // 1 John 4:7-21

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Frugality

Activity // Save

#advent #thewearyworldrejoices #mending

Playlist // *The Earth Stood Still* by Future of Forestry

Week 4 // Day 2

Rhythm // Monday

Theme // Love

Scripture // 1 John 3:1-10

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Vacancy

Activity // Purge

#advent #thewearyworldrejoices #reduce

Playlist // *We Exalt Your Name* by Kari Jobe & Matt Maher

Week 4 // Day 3

Rhythm // Tuesday

Theme // Love

Scripture // 1 John 3:11-24

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Hunger

Activity // Crave

#advent #thewearyworldrejoices #ache

Playlist // *This I Believe (The Creed)* arranged by Shane & Shane

Week 4 // Day 4

Rhythm // Wednesday

Theme // Love

Scripture // John 1:1-18

Draw, Sketch, or Outline Notes from Scripture Reading:

Look over your notes. Underline anything that points to this week's theme, **Love**. Add a star* next to anything that tells more of the story of Jesus at Christmas, including theology and Old Testament discussions and prophecies.

Review your notes again. What questions do you have about this?
What curious observations stand out to you as you ponder these verses?

Participate in the spiritual discipline and activity. What additional reflections do you have on today?

Candles // none

Spiritual Discipline // Fasting: Empathy

Activity // Listen

#advent #thewearyworldrejoices #feelings

Playlist // *Immanuel's Land* by Audrey Assad